



myuhc.com[®]

Connect to your health plan.
Faster, easier, better.

 UnitedHealthcare[®]



Welcome to
myuhc.com.

Get all your health plan information. In one place.

When it comes to managing your health plan and making informed decisions about your care, simpler is always better. With the new **myuhc.com** experience, connecting to the information you need to do both is easier than ever.

How to get started.

Just **register at myuhc.com**. Log in and you'll see everything you need – your own personalized plan information, choices for where to go for care, budgeting tools and helpful wellness tips. It's all right there.

Get your information anytime at **myuhc.com** or download the **UnitedHealthcare Health4Me®** mobile app for on-the-go access.



Find and price the care you need.

The find-and-price care tool is available when you want to know where to go for the services you need. Use it to find a doctor, clinic, hospital or lab using multiple search options, including location, specialty, quality, cost, services offered and more. You can even see patient ratings. Review your choices before you make appointments to help control spending and choose the level of service you need for your situation.



Know your health care costs.

Get tools to help you compare quality and cost before you choose your services.

Get a picture of your spending.

View a snapshot of your account activity, benefits paid and outstanding balances – all in one spot.

If included in your plan, you can also see:

- Health savings account (HSA) or flexible spending account (FSA) balances and account activity.
- Alternative drug cost-comparisons.
- Mail-order prescriptions.
- Discounts on health and wellness products and services.

Track your claims.

See the status of your claims. And, if you do owe your health care provider, you may be able to send a payment through InstaMed®.



Get and stay healthy with innovative health and wellness tools.

Use **myuhc.com** to get tools to help you and your family live healthier.

Learn about your wellness benefits.

Wellness tools and health checklists give you tips on living healthy and using health plan benefits to your advantage. Get reminders when it's time for checkups, prescription refills or treatments. Plus, get suggestions for other covered services, like immunizations, well-visits, routine tests or lab work.

Pursue your health goals.

Through exciting new interactive tools, available through **myuhc.com**, you can participate in missions and have fun while focusing on wellness. You can even earn coins to enter for a chance to win a prize! Get started today and use these innovative tools to help you on your road to better health.

Sync your wearable devices – like Fitbit® or Apple Watch® – on **myuhc.com** for accurate reporting and results. You can even earn rewards for your success.

Join a healthy-living community.

Connect with other members on **myuhc.com** to get support and share ideas on how to live a balanced, healthy and active life.



Connect with your health care resources.

When you're making decisions that impact your health or that of your family, you have access to a variety of resources to help you make informed choices so you can feel confident about your care.



Log in.

Register at myuhc.com to access your plan information anytime.



Go mobile.

Download the Health4Me mobile app for on-the-go access to your plan information.



Ask a nurse.

24/7 phone access to a registered nurse. Simply call the phone number on your health plan ID card.



Chat online.

Rapid replies to your questions. At myuhc.com, Monday through Friday, during business hours.



Talk with us.

A representative will call you promptly. Just alert us through myuhc.com or Health4Me, Monday through Friday, during business hours. On the Health4Me app you can also schedule a callback.