

Wellness Program

AGC Health Benefit Trust is proud to partner with Regence Blue Cross Blue Shield to continue the Trust's wellness program for a third year. Wellness programs are a common strategy to help combat preventable illness and chronic diseases, while simultaneously lowering risk and bending the cost curve to help keep health care costs down.

Are there incentives available to my company for promoting this program?

Yes! The trust will offer up to a total of \$8.00 per employee per month (PEPM) Wellness Discount for those employers who complete the following:

- **If 25% of your employees have participated in the program by July 31, 2018** (that is, they have completed their preventative exam), you will earn a retroactive credit of \$8.00 PEPM off of your 2018 medical premiums for the entire group.
- **Employers who met minimum employee participation in the wellness program during 2017** will receive an upfront discount of \$3.00 PEPM off of their 2018 medical premiums. (Applicable employers will be notified by the Trust of their qualification)

What are the program requirements for enrolled employees?

- Complete a preventative exam.
- Complete a profile on www.regence.com

Who is eligible to participate?

Employees and spouses/partners who are enrolled in the AGC Health Benefit Trust medical plan are eligible to participate.

Are there incentives being offered to employees and spouses/partners for participating?

Yes! Employees who complete their preventative exam will receive a \$50 gift card. Spouses will receive a \$25 gift card.

How will my employees' participation affect my company?

Health information collected from an employee's preventive care will not be used in a manner intended to penalize the member or the participating company.